

	Size
	34
	36
	38
	40
	42
	44
	46
	48
	50
	52

### Materials required



- Paper scissors.  
- Fabric scissors.



Non-stretch fabric with drape - See "Cut the fabric" page for quantity.



Thermo-adhesive interfacing



Sewing machine.



Iron.

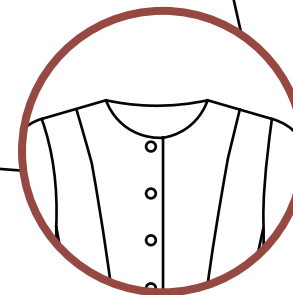
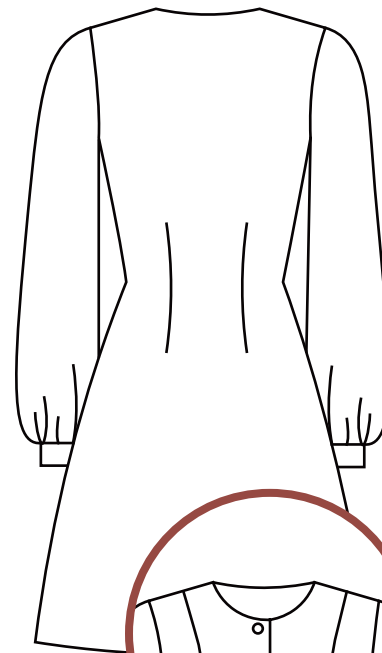
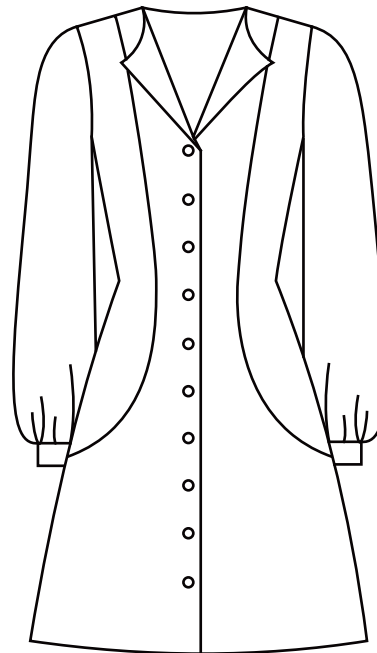


Buttons.

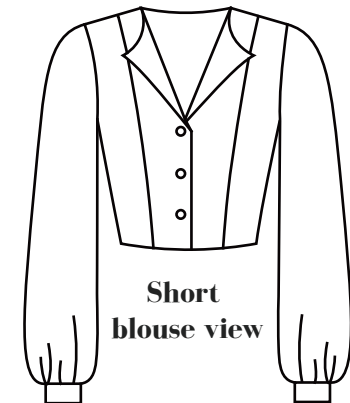


# Greta Pattern

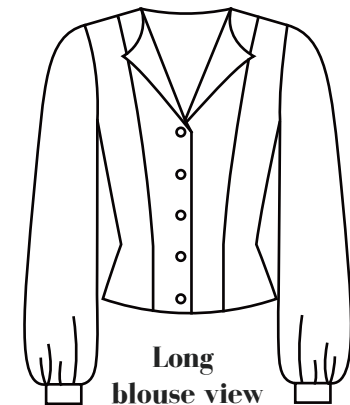
By Andrea Condés



Collarless view










Short  
blouse view



Long  
blouse view

# Pattern marks

Name	Description	Drawing
Grainline direction line	Indicates the direction in which the pattern piece is to be placed on the fabric.	
Folded cut	Indicates a part of the pattern to be cut on the folded fabric.	
Cutting line	Indicates where to cut.	
Sewing line	Indicates where to sew.	
Notches	Triangle-shaped marks indicating the positions where the seams have to be matched during assembly. A double triangle indicates a back piece.	
Placement of buttons	Point out the location of the buttons.	
Hole	Indicates exact match points.	

# Join the pattern

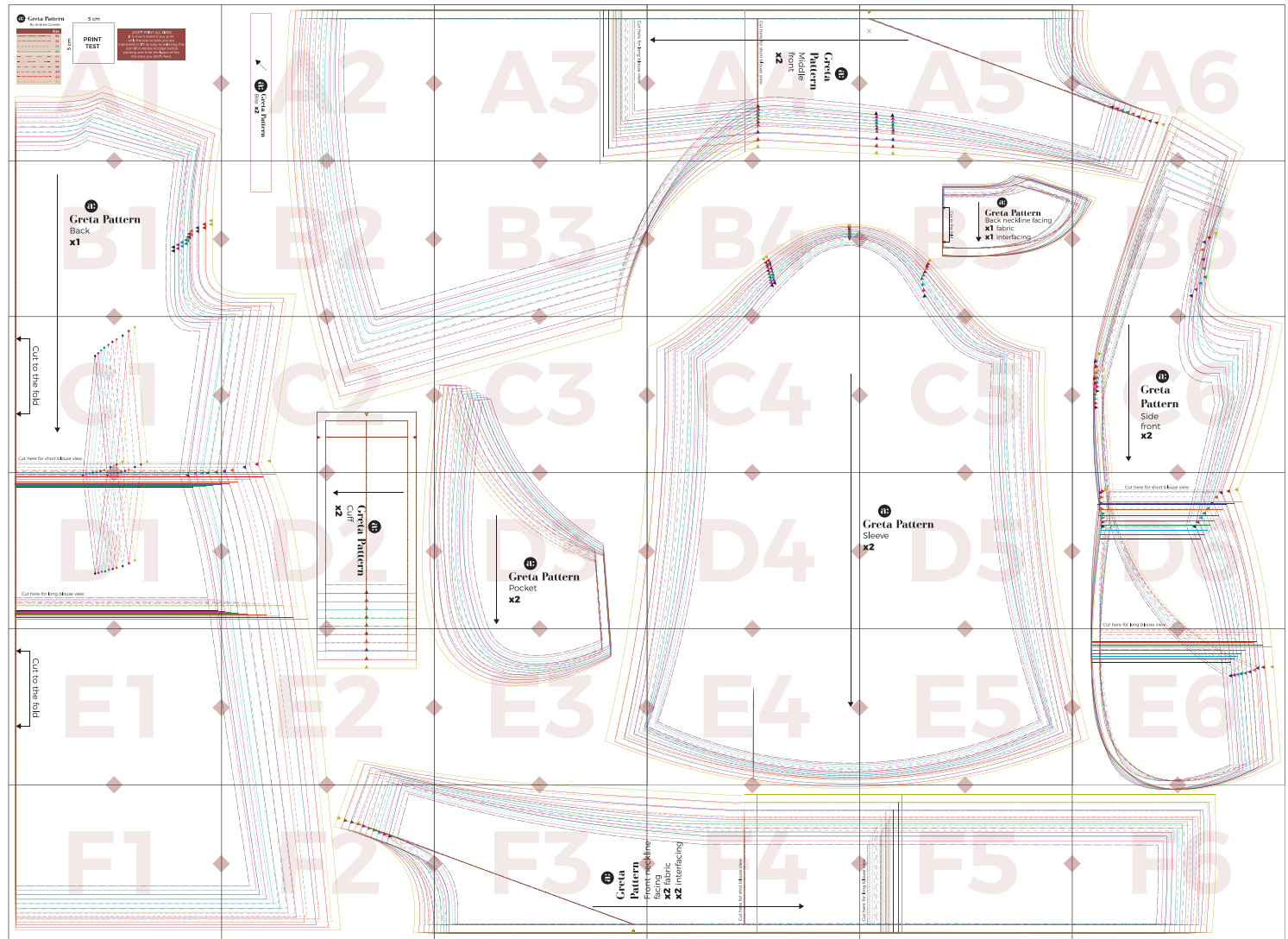
- 1 First print the page with the test square (page 1) and measure to check that the correct size has been printed.  
You can print just your size as the pdf is layered (see next page to find out which size to choose).

You can avoid printing some pages depending on the view you are going to sew:

**Dress view** - Print all pages.

**Short blouse view** -  
Print pages: 1-2; 4-8;  
10-14; 16-24; 26-29;  
32-34.

**Long blouse view** -  
Print pages 1-8; 10-14;  
16-24; 26-30; 32-35.



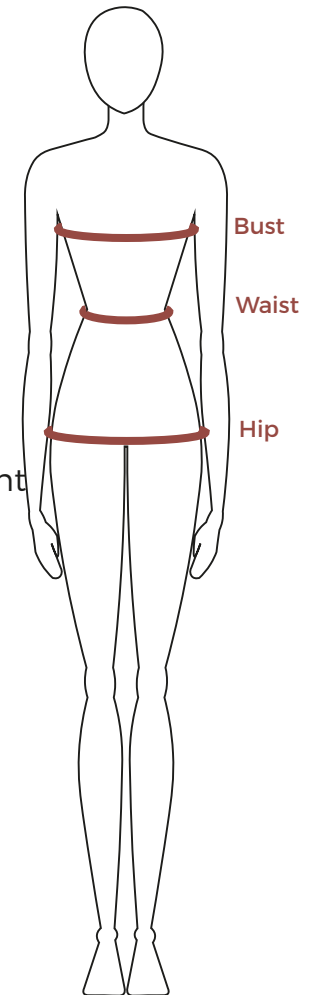
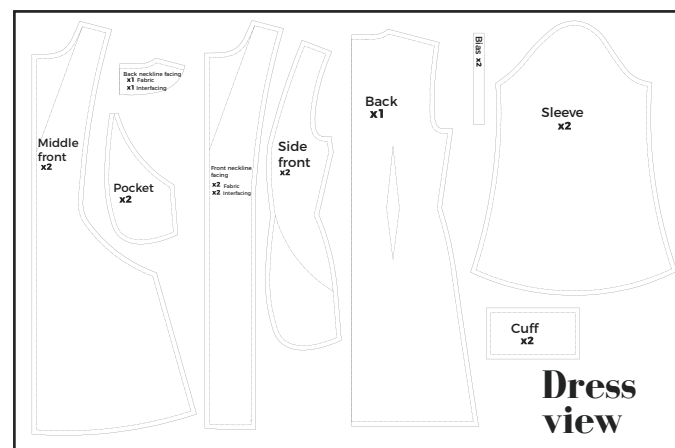
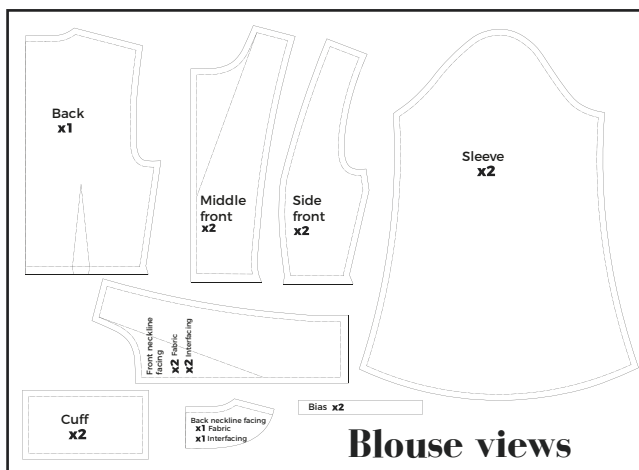
# Choose your size

- 2 Choose your size based on the table below in cm. Please note that this design fits close to the waist. \*Pattern width: Add 4 cm to the outlines to get the final measurement.

Size	XS	S		M		L		XL		XXL
	34	36	38	40	42	44	46	48	50	52
Bust	82	86	90	94	98	102	106	112	118	124
Waist	64	66	70	74	78	82	86	94,5	101	104
Hip	90	92	96	99	104	108	112	118	124	130
You can see how to adjust your garment during sewing in Appendix 3 (last page of the instructions).										

- 3 Cut out the pattern on paper according to your size. Each size is represented with a different line and a different colour. See below for the required pieces according to version.

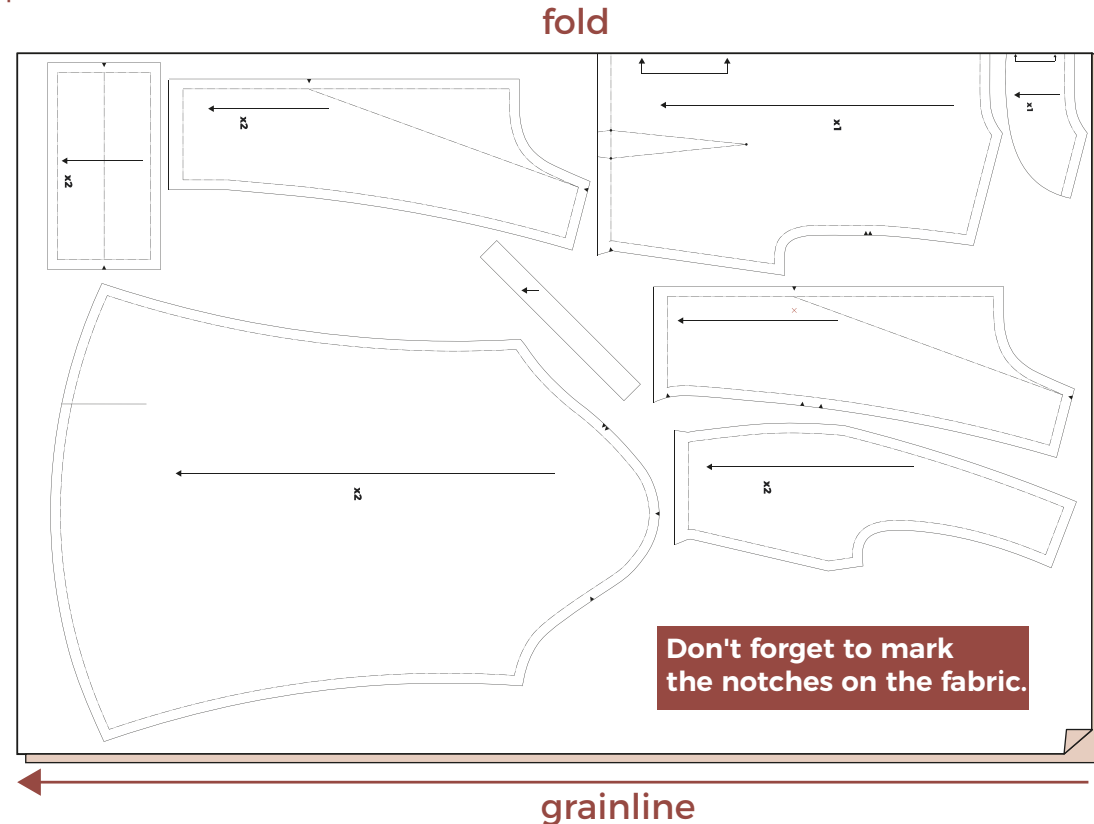
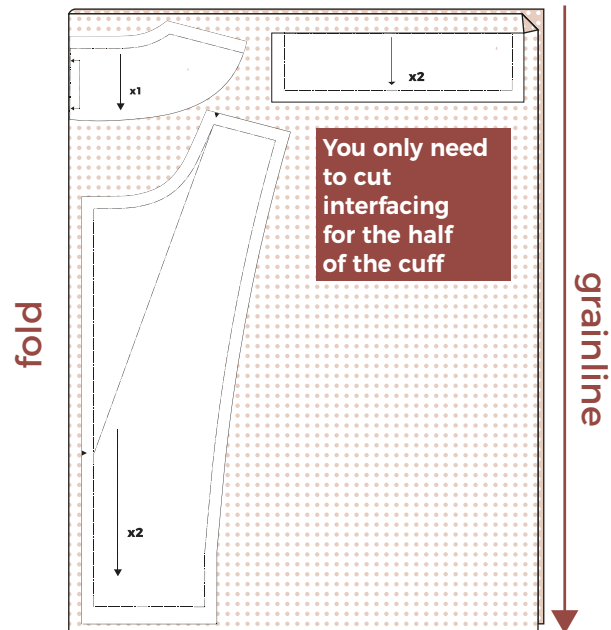
The pattern includes 1 cm seam allowance.







# Cut the fabric - Short blouse view

- 4 Now it's time to cut the fabric, here you can see the cutting plan and the amount of fabric needed. For this pattern you will need non-elastic fabric with a bit of drape (like crepe, viscose...). Fold in half, leaving the back of the fabric at the top. You can also see [here](#) the cutting plan for the thermo-adhesive interfacing (you will need it to reinforce some areas of the pattern)

Fabric width 150 (cm)	Fabric lenght (cm)			
	Sizes 34-36	Sizes 38-42	Sizes 44-46	Sizes 48-52
	120	125	130	150



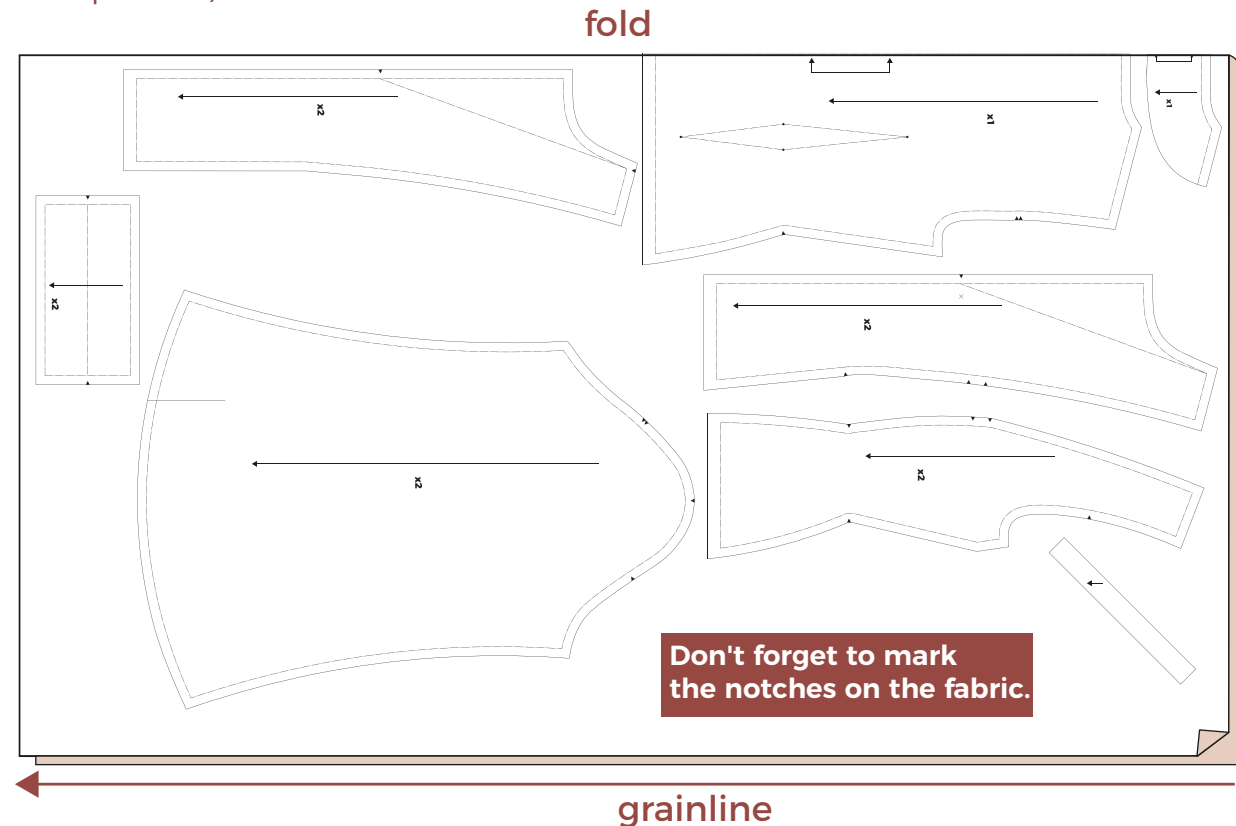
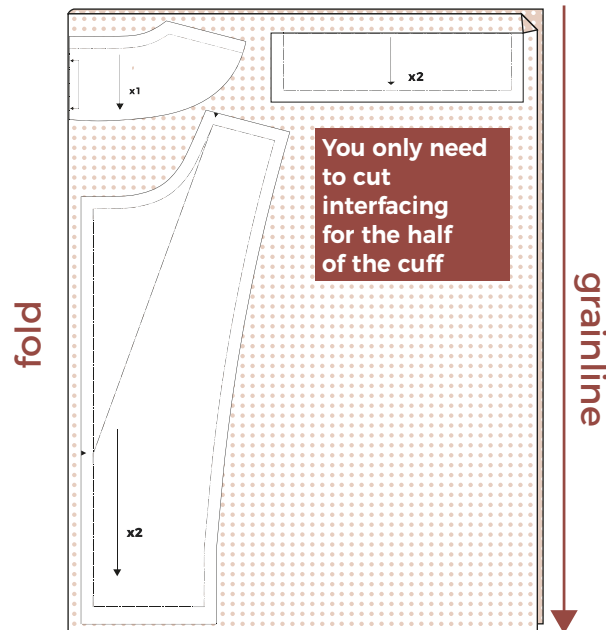
-  Interfacing right side
-  Interfacing wrong side

-  Right side of the fabric
-  Wrong side of the fabric

# Cut the fabric - Long blouse view

- 4 Now it's time to cut the fabric, here you can see the cutting plan and the amount of fabric needed. For this pattern you will need non-elastic fabric with a bit of drape (like crepe, viscose...). Fold in half, leaving the back of the fabric at the top. You can also see here the cutting plan for the thermo-adhesive interfacing (you will need it to reinforce some areas of the pattern)

Fabric width 150 (cm)	Fabric length (cm)			
	Sizes 34-36	Sizes 38-42	Sizes 44-46	Sizes 48-52
	140	145	150	170



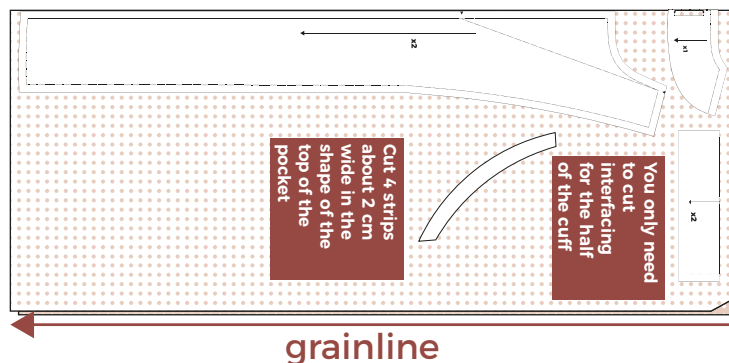
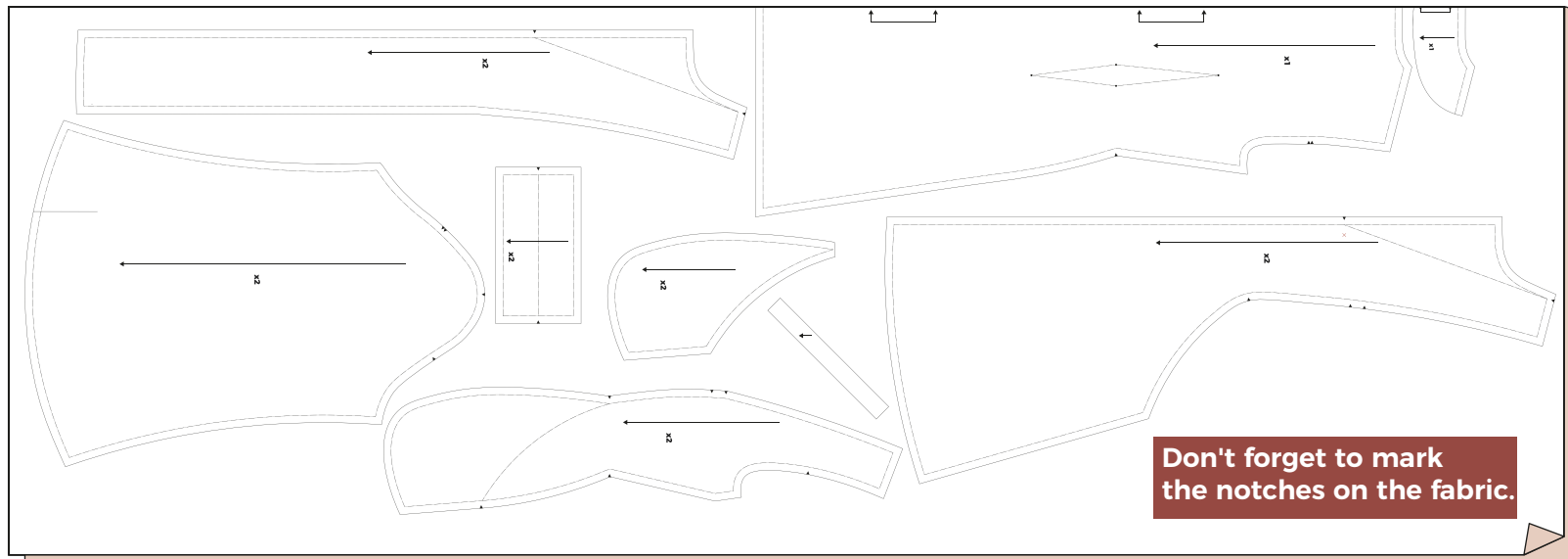
- Interfacing right side
- Interfacing wrong side

- Right side of the fabric
- Wrong side of the fabric

# Cut the fabric - Dress view

- 4 Now it's time to cut the fabric, here you can see the cutting plan and the amount of fabric needed. For this pattern you will need non-elastic fabric with a bit of drape (like crepe, viscose...). Fold in half, leaving the back of the fabric at the top. You can also see here the cutting plan for the thermo-adhesive interfacing (you will need it to reinforce some areas of the pattern)

fold



grainline

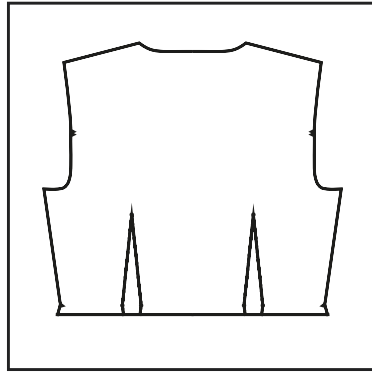
Fabric width (cm)	Fabric lenght (cm)			
	Sizes 34-36	Sizes 38-42	Sizes 44-46	Sizes 48-52
	220	230	240	260

- Interfacing right side
 Right side of the fabric
 Interfacing wrong side
 Wrong side of the fabric

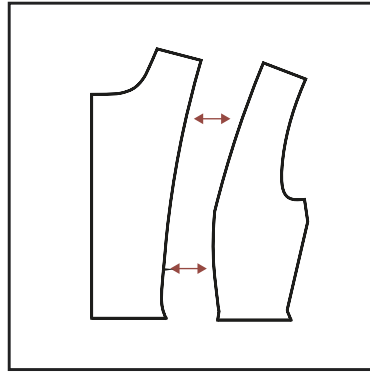
# Instructions - Blouse view

● Right side of the fabric  
○ Wrong side of the fabric

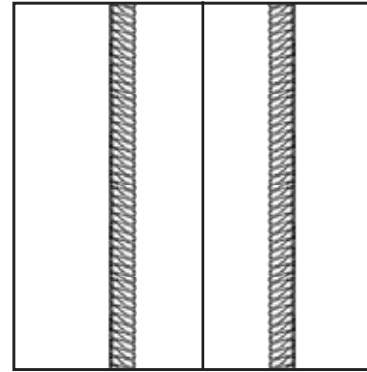
- 5** It's time to sew! The instructions for sewing the short and long blouse are the same, the only difference is the final length. Sew the garment inside out and remember that the seam allowance is 1cm.



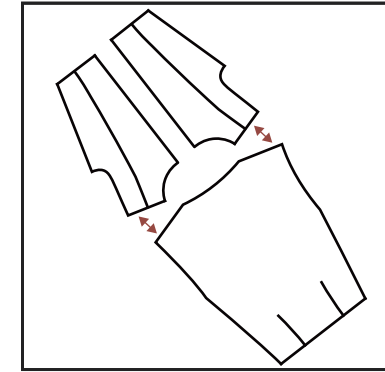
A. Mark the back darts on the fabric. On the wrong side of the fabric, sew the darts to create the notch on the body. Iron the darts to the side.



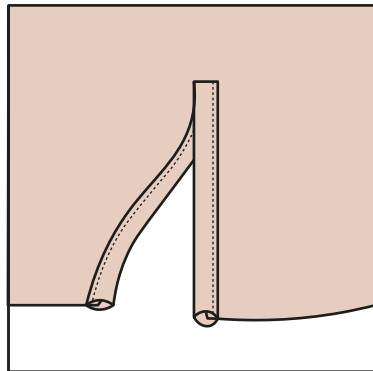
B. On the wrong side of the fabrics, sew the two pieces of the front body together by following the notches marked on the fabrics.



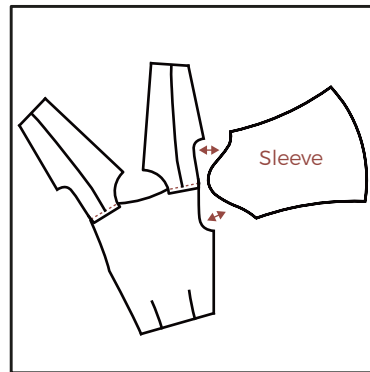
C. Repeat step B for the opposite side and finish off the seams of the side seam. Iron both sides, respecting the curve of the bust.



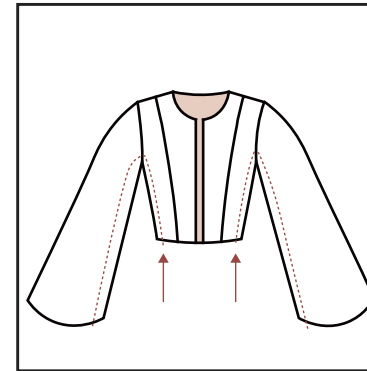
D. Sew the front and back pieces together on the wrong side of the fabrics, sewing along the shoulders. Overlock the seams and iron.



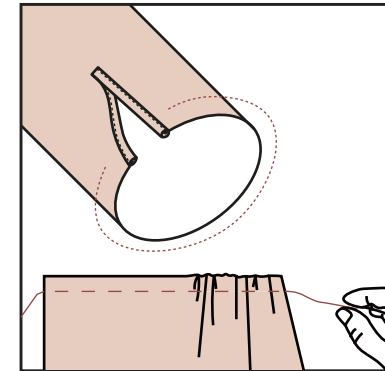
E. Sew the cuff placket on the sleeves. See **appendix 1** of the instructions if you don't know how to do this. You must repeat the same step for both sleeves.



F. Sew the sleeves to the body open on the wrong side of the fabrics. Pay close attention to the notches that you have marked on the pieces. Do this step with the 2 sleeves. Overlock the seams and iron.





G. On the wrong side, sew the side of the body and the side of the sleeves together. Overlock the seams and iron towards the back. It is time to try on the garment. See **appendix 3** for how to adjust it.




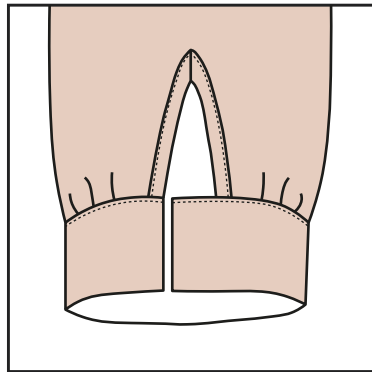
H. Gather the ends of the sleeves. Stitch the width of the sideburns with the minimum tension all the way around. Then pull the thread to gather.



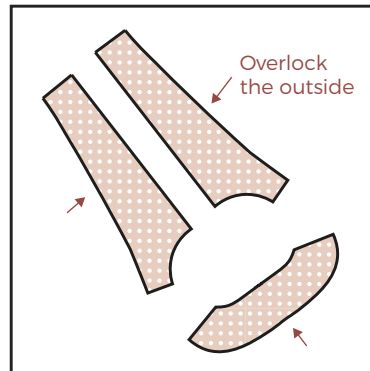
# Instructions - Blouse view

 Right side of the fabric  
 Wrong side of the fabric

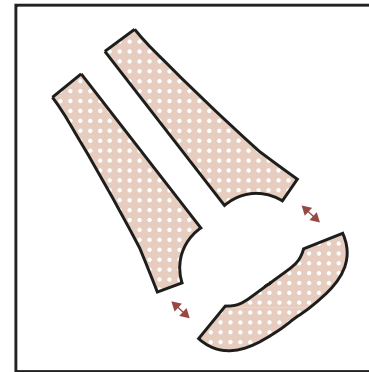
- 6** It's time to sew! The instructions for sewing the short and long blouse are the same, the only difference is the final length. Sew the garment inside out and remember that the seam allowance is 1cm.  Right interfacing



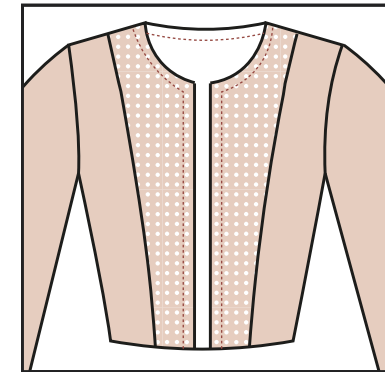
I. Sew the cuffs to finish both sleeves, paying attention to the cuff notch. See **appendix 2** of the instructions if you don't know how to do this.



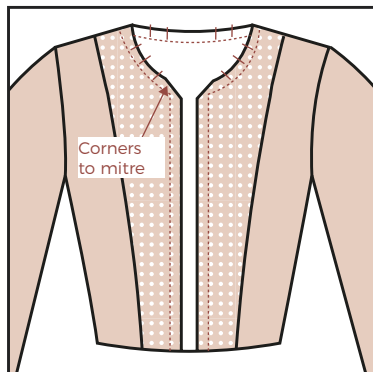
J. Neckline facing: On the wrong side of the fabric, iron the interfacing to the front and back neckline facings. Then overlock the outside of each piece so that they do not fray.



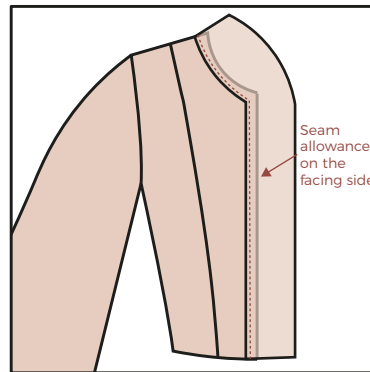
K. Neckline facing: Sew the front and back pieces together on the wrong side of the fabrics, sewing along the shoulders. Overlock the seams and iron.



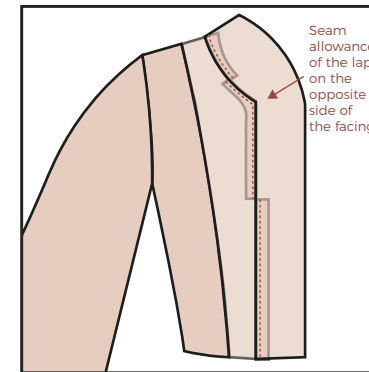
L. Facing the right side of the body with the right side of the facing, sew all the way around the neck and fastening. Remember that the seam allowance is 1 cm.



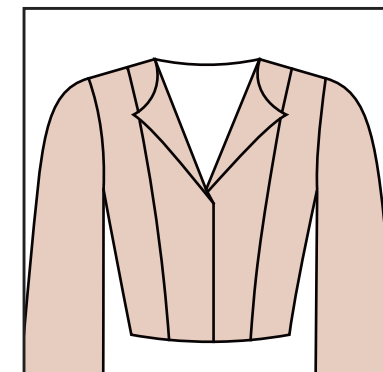
M. Remember to make a few cuts (getting as close to the seam as possible without cutting it) in the curved areas so that the seam sits better when you turn it over. Cut the corners to mitre.



N. **View without collar:** Turn the facing over and edge stitch all the way around the collar and fastening, catching the seam allowance on the facing side.





N. **View with collar:** On the lapel side, make two cuts in the seam allowance according to the seam allowances. The edge stitching of this section should be sewn by catching the seam allowance on the side opposite to the seam allowance. The rest is sewn as in the version without collar.

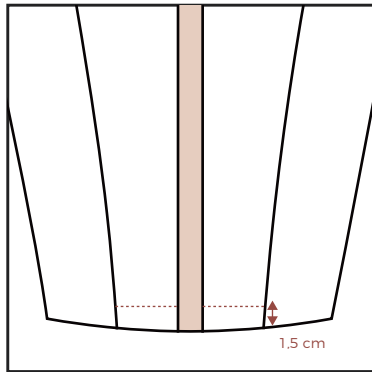


O. The collar is now finished. Tuck it in and iron. For the collared version you should iron the lapel outwards.

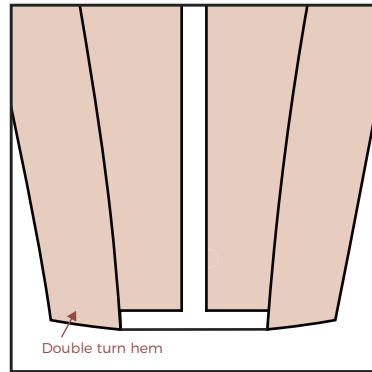
# Instructions - Blouse view

 Right side of the fabric  
 Wrong side of the fabric

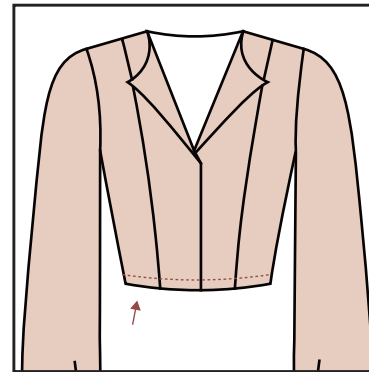
- 7** It's time to sew! The instructions for sewing the short and long blouse are the same, the only difference is the final length. Sew the garment inside out and remember that the seam allowance is 1 cm.



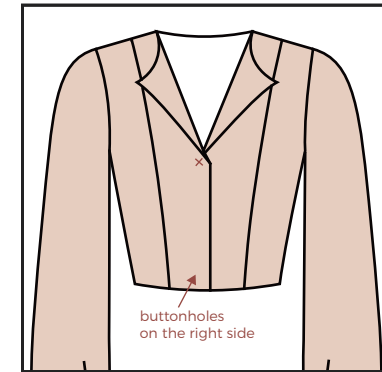
P. Now it's time to sew the hem. Turn the blouse inside out and sew the front seam with a 1.5 cm seam allowance



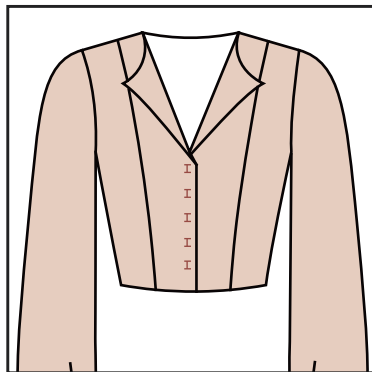
Q. Turn the blouse right side out and iron. We are going to sew the rest of the hem with a double turn hem.



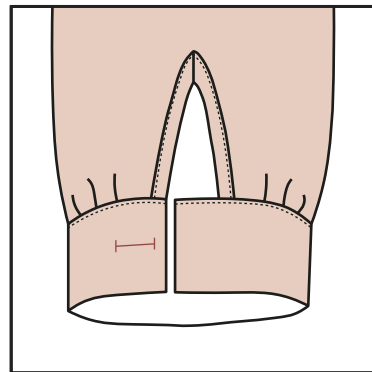
R. Fold a first round of 0.75 cm. Fold another 0.75 cm over this round. Stitch all the way around to finish the hem.



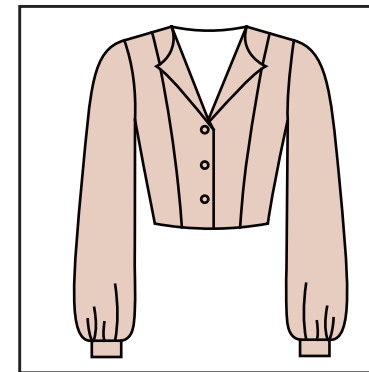
S. The buttonholes of the crossover always go on the mounting side (on women's garments it is usually the right side). For the collared version, look at the marking on the pattern that indicates where the first button should go.  
**The crossover mounts 3 cm.**



T. The buttonholes on the front crossover are usually vertical. Make them first and then mark where the buttons will go. The number of buttons is up to you.






U. You only need one button for each cuff. The cuff buttonholes are usually horizontal and are placed in the middle of the mounting side (the side that does not protrude).

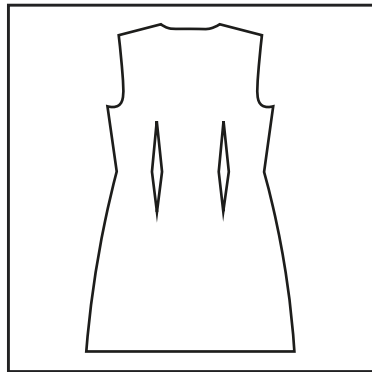


V. You already have your finished blouse! If you liked the result I'd be very grateful if you share it on instagram and tag me.

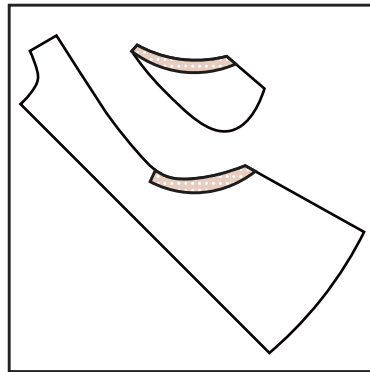
# Instructions - Dress view

- 5** It's time to sew! Here you can see the step by step to sew the dress version.  
Sew the garment inside out and remember that the seam allowance is 1 cm.

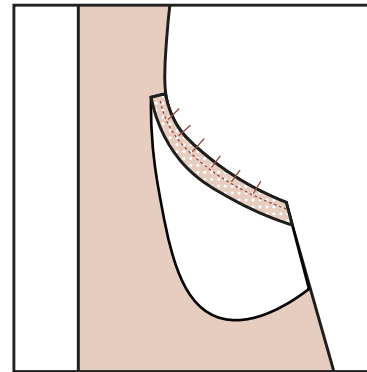
-  Right side of the fabric
-  Wrong side of the fabric
-  Right side interfacing



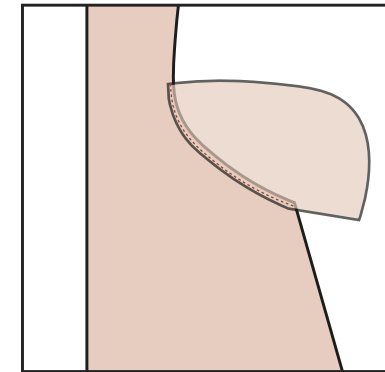
A. Mark the back darts on the fabric. On the wrong side of the fabric, sew the darts to create the notch on the body. Iron the darts to the side.



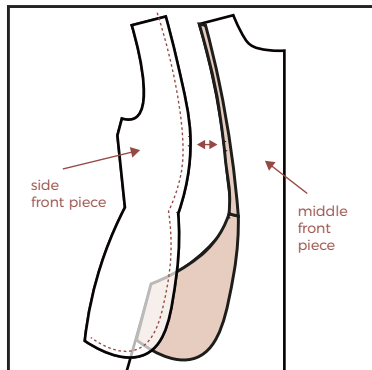
B. On the wrong side of the fabric, iron the 2 cm interlining to the centre front piece and the pocket. Repeat this step on the opposite side.



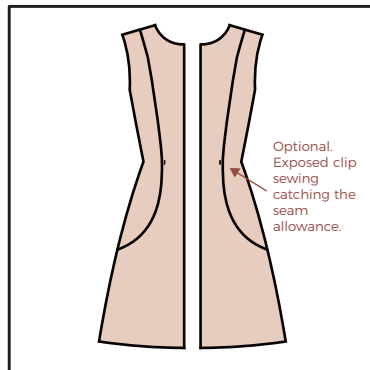
C. With the right sides of the centre front piece and the pocket facing each other, sew 1 cm apart on the back of the fabrics. Remember to make a few notches (coming as close to the seam as possible) in the curved areas.



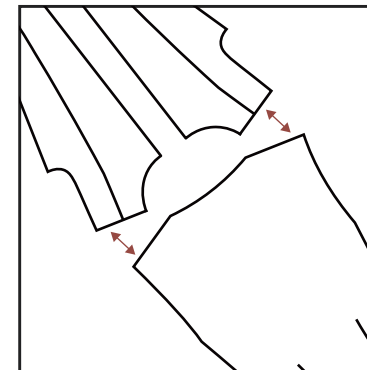
D. Turn the pocket inside out and stitch an edge stitch all the way around, catching the seam allowance on the pocket side. Repeat steps B, C and D on the opposite side.



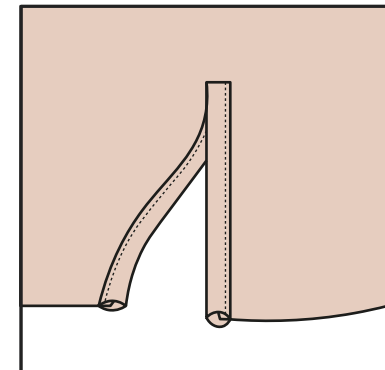
E. Turn the pocket inside out and put it in place. Right sides together you have to sew the side front piece to the middle front piece + pocket following the shape, look carefully at the notches! Be careful not to sew the pocket to the middle front piece.



F. Repeat step E with the opposite side and you will have the front pieces ready. Overlock the seam allowances and iron. For the top (seam allowance) it is best to iron the seam allowances open.  
**Optional** - You can sew an exposed clip at the beginning of the pocket to reinforce the area.






G. Sew the front and back pieces together on the wrong side of the fabrics, sewing along the shoulders. Overlock the seams and iron.

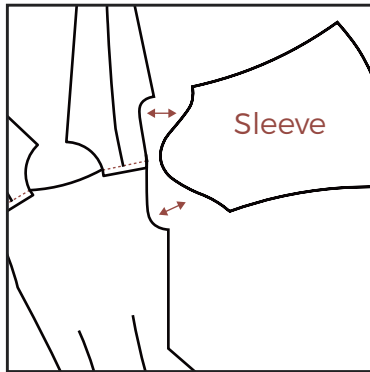


H. Sew the cuff packet on the sleeves. See **appendix 1** of the instructions if you don't know how to do this. Repeat the same step for both sleeves.

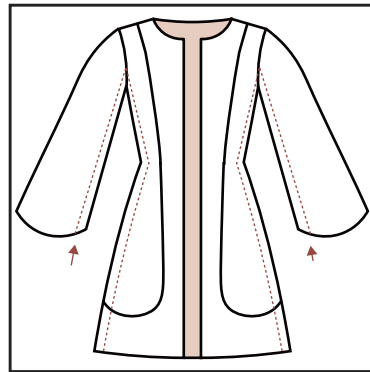
# Instructions - Dress view

- 6** It's time to sew! Here you can see the step by step to sew the dress version.  
Sew the garment inside out and remember that the seam allowance is 1 cm.

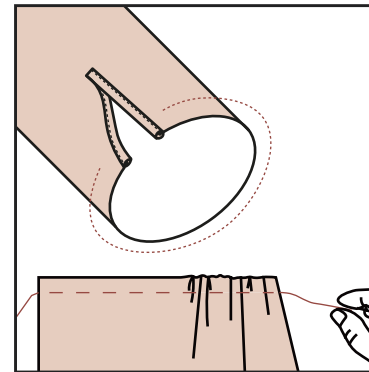
-  Right side of the fabric
-  Wrong side of the fabric
-  Right side interfacing



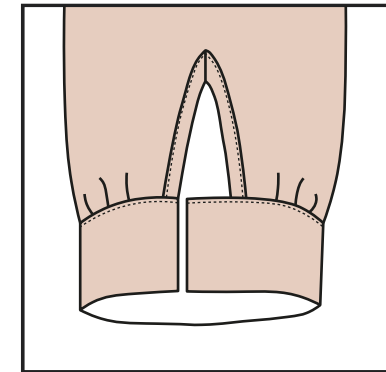
I. Sew the sleeves to the body open on the back of the fabrics. Pay close attention to the notches that you have marked on the pieces. Do this step with the 2 sleeves. Overlock the seams and iron.



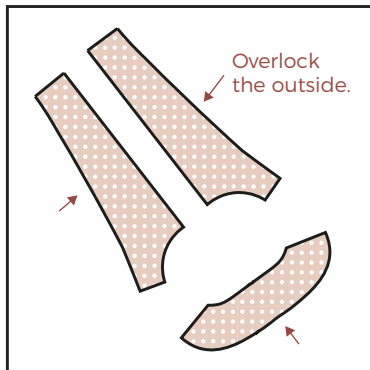
J. On the wrong side, sew the side and the side of the sleeves together. Overlock the seams and iron towards the back. It is time to try on the garment. See **appendix 3** for how to adjust it.



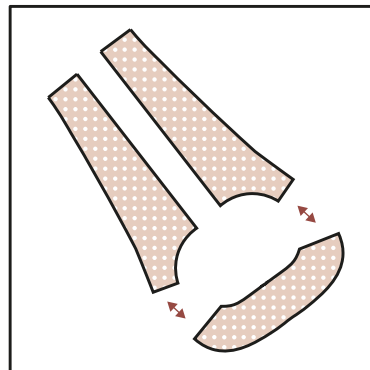
K. Gather the ends of the sleeves. Stitch the width of the sideburns with the minimum tension all the way around. Then pull the thread to gather.



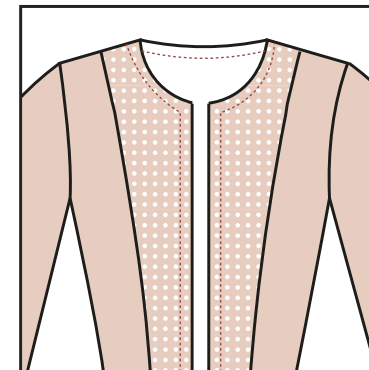
L. Sew the cuffs to finish both sleeves, paying attention to the cuff notch. See **appendix 2** of the instructions if you don't know how to do this.



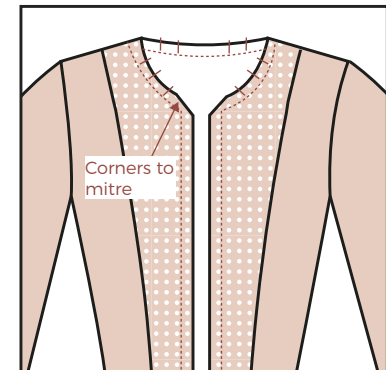
M. Neckline facing: On the wrong side of the fabric, iron the interfacing to the front and back neckline facings. Then overlock the outside of each piece so that they do not fray.



N. Neckline facing: Sew the front and back pieces together on the wrong side of the fabrics, sewing along the shoulders. Overlock the seams and iron.






O. Facing the right side of the body with the right side of the facing, sew all the way around the neck and fastening. Remember that the seam allowance is 1 cm.

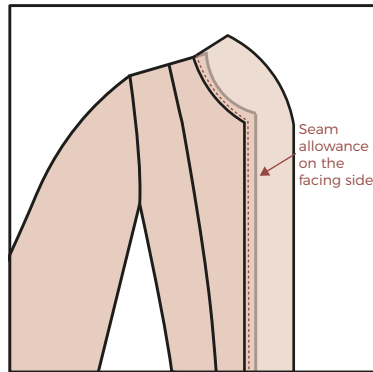


P. Remember to make a few cuts (getting as close to the seam as possible without cutting it) in the curved areas so that the seam sits better when you turn it over. Cut the corners to mitre.

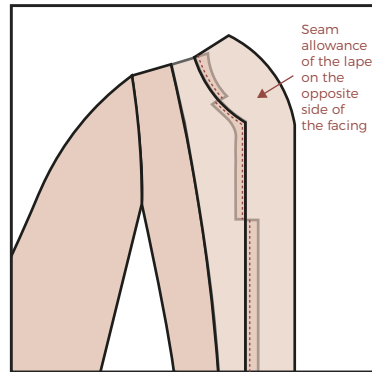
# Instructions - Dress view

- 7** It's time to sew! Here you can see the step by step to sew the dress version.  
Sew the garment inside out and remember that the seam allowance is 1 cm.

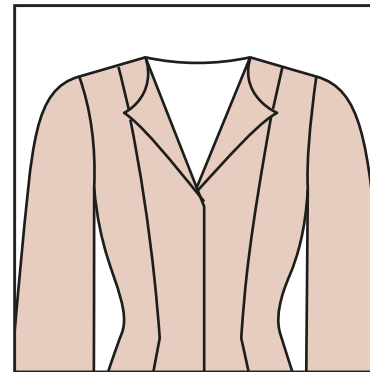
-  Right side of the fabric
-  Wrong side of the fabric
-  Right side interfacing



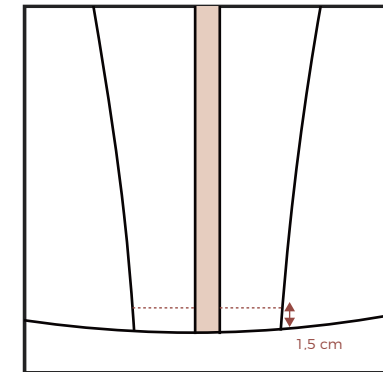
**Q. View without collar:** Turn the facing over and edge stitch all the way around the collar and fastening, catching the seam allowance on the facing side.



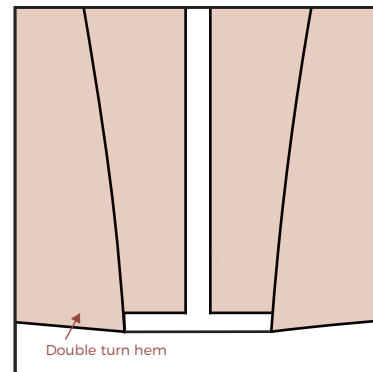
**Q. View with collar:** On the lapel side, make two cuts in the seam allowance according to the seam allowances. The edge stitching of this section should be sewn by catching the seam allowance on the side opposite to the seam allowance. The rest is sewn as in the version without collar.



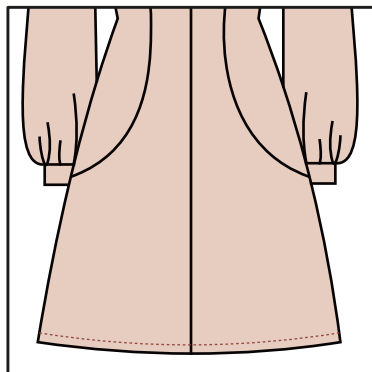
**R.** The collar is now finished. Tuck it in and iron. For the collared version you should iron the lapel outwards.



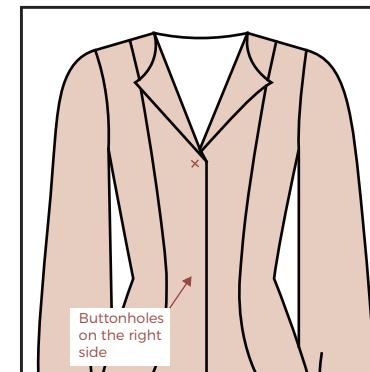
**S.** Now it's time to sew the hem. Turn the blouse inside out and sew the front seam with a 1.5 cm seam allowance



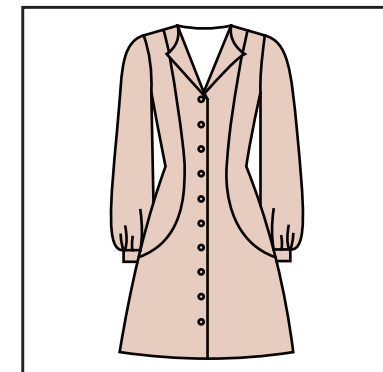
**T.** Turn the blouse right side out and iron. We are going to sew the rest of the hem with a double turn hem.



**U.** Fold a first round of 0.75 cm. Fold another 0.75 cm over this round. Stitch all the way around to finish the hem.



**V.** The buttonholes of the crossover always go on the mounting side (on women's garments it is usually the right side). For the collared version, look at the marking on the pattern that indicates where the first button should go. **The crossover mounts 3 cm.**

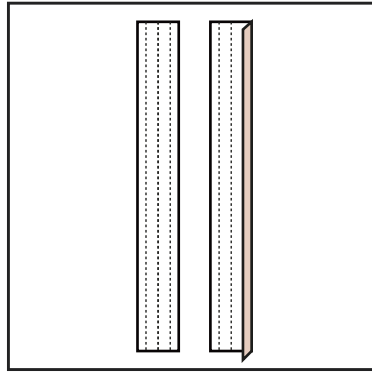


**W.** The number of buttons is up to you. See steps T, U of the blouse version instructions to finish your dress, you're done!

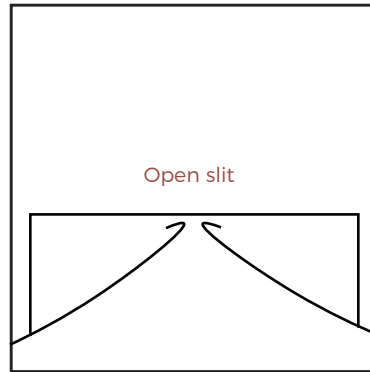
# Appendix 1 - Cuff placket

Step by step to sew the cuff plackets to the sleeve openings.

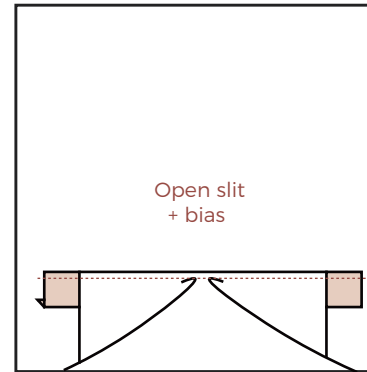
● Right side of the fabric  
○ Wrong side of the fabric



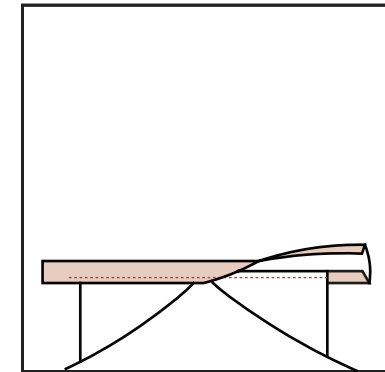
A. Use the bias pattern piece that you had to cut on the bias. Iron one side of the piece 5 mm inwards.



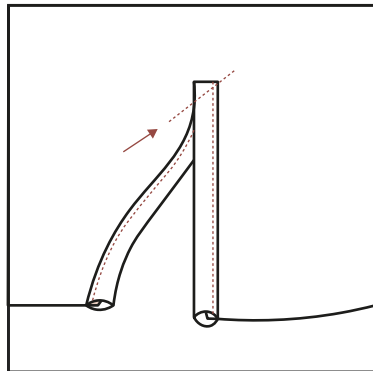
B. Open the slit you have made in the sleeve according to the mark on the pattern.



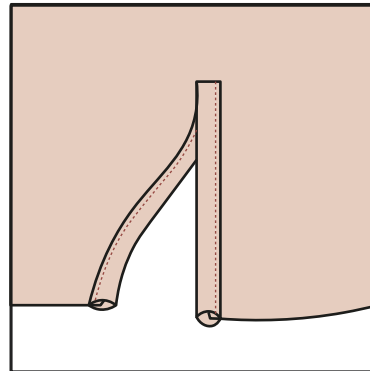
C. With the slit open, face the bias binding and pin it in place. You must line up the non-folded edge. Sew at 5 mm and iron the seam allowance in the direction of the bias binding.



D. Fold the bias binding over the previous seam. The ironed edge should line up with the seam allowance. Sew over the top.






E. (Optional) To keep the cuff placket in place, you can make a diagonal seam joining the two parts on the wrong side of the fabric.

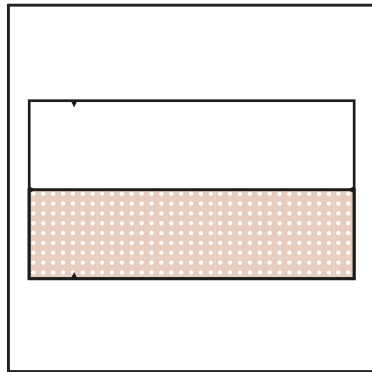


F. You have now finished your cuff placket. Remember that you have 2 sleeves so you must repeat these steps 2 times.

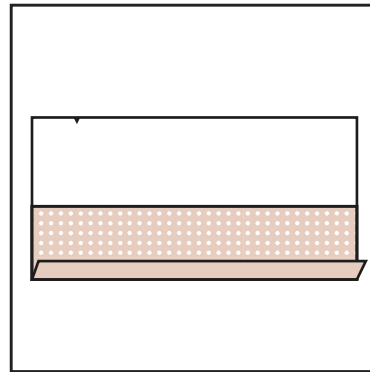
# Appendix 2 - Cuffs

Step by step to sew the cuffs and finish the sleeves.

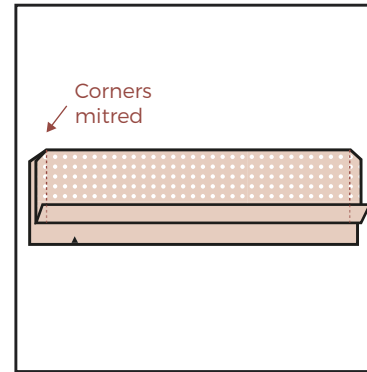
-  Right side of the fabric
-  Wrong side of the fabric
-  Right side interfacing



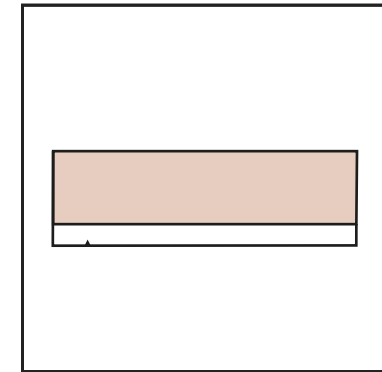
A. Before you start, remember to mark out the notches. Iron the interfacing in the middle of the cuff on the wrong side of the fabric.



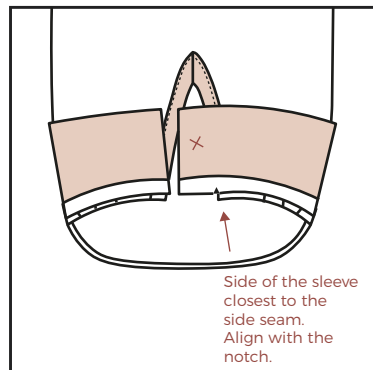
B. Iron the seam allowance on the interfacing side to the inside. Remember that the seam allowance is 1 cm.



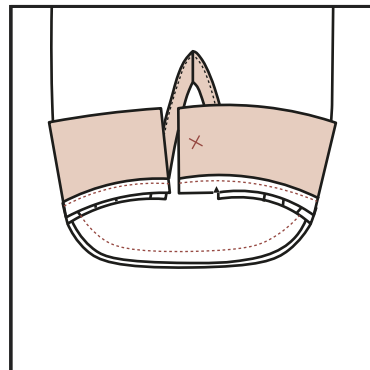
C. Fold the cuff in half, right sides together. Sew the short sides to the seam allowance fold without catching it. Miter cut the corners to avoid bulging



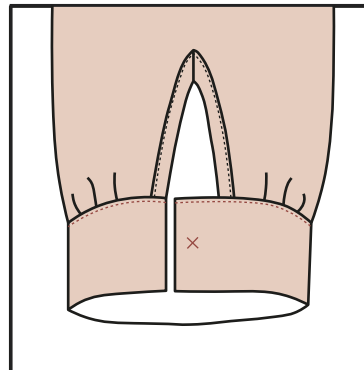
D. Turn the cuff right side out and iron.



E. Match the back of the sleeve with the right side of the cuff (side without interfacing). Pin or baste. Note that the side of the cuff that sticks out (where the button goes) is the side that is closest to the side seam of the sleeve.



F. Sew the cuff part without interfacing and the sleeve with a seam allowance of 1 cm.



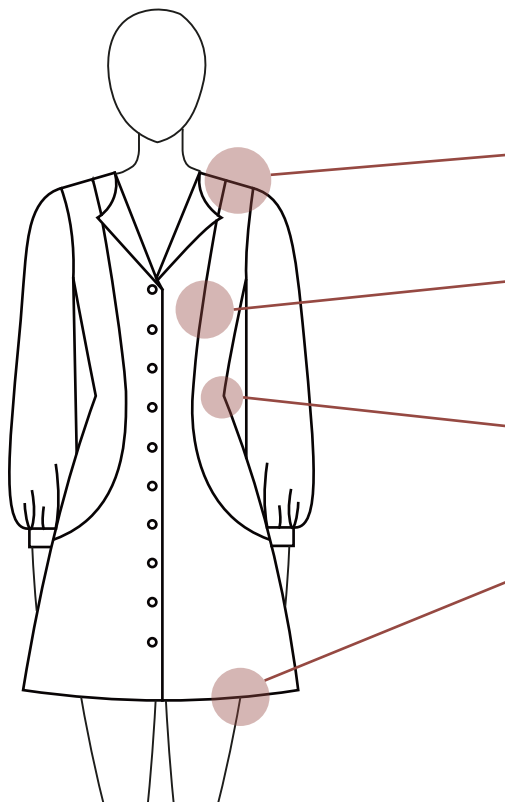
G. Turn the sleeve inside out and overlay the ironed part of the cuff, leaving the seams on the inside. Sew as close to the edge as possible to close the cuff. Iron.

# Appendix 3 - Garment fitting

It is almost impossible for one pattern to fit perfectly to all your measurements. Every body is different and it is important to try on the garment during the sewing process. Don't rush to finish your sewing without trying it on in the process! In particular, this garment is designed to be fitted, so this point is important.

The ideal is to try it on when you get to step G (blouse version) or step J (dress version) and take the opportunity to make the necessary adjustments before finishing the garment. Here are some tips:

**Turn the garment inside out and it will be easier to try on yourself as the seams will be visible. As you have not yet the collar, try fitting the crossover 4 cm (the finished garment is 3 cm but remember that in this step the crossover still includes 1 cm seam allowance). I also warn you... For these adjustments you will have to unpick!**



**Shoulder** - If you find that the shoulder is too long for you, you can reduce it by taking a few centimetres off the armhole side. Take off the same on the front and the back.

**Bust** - If you need to fit the bust, the easiest way to do this is to put a few centimetres in at the side seam. You can try sewing with a seam allowance bigger than 1 cm. Remember to do the same on both sides.

**Waist & Hip** - If you need to fit these areas you can take a few cm off the sides. Try sewing with a seam allowance bigger than 1 cm. Remember to do the same on both sides.

**Hem** - If you find the sleeves or the dress too long, cut it as you prefer!

